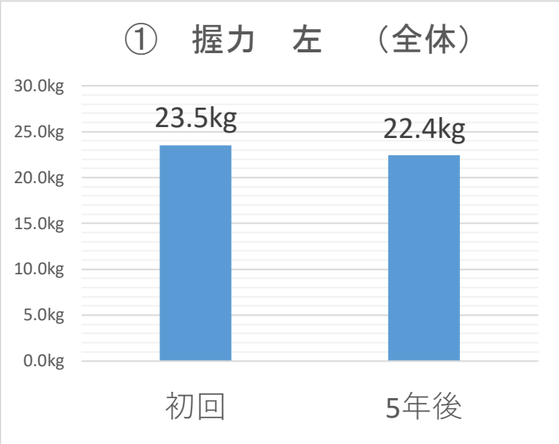
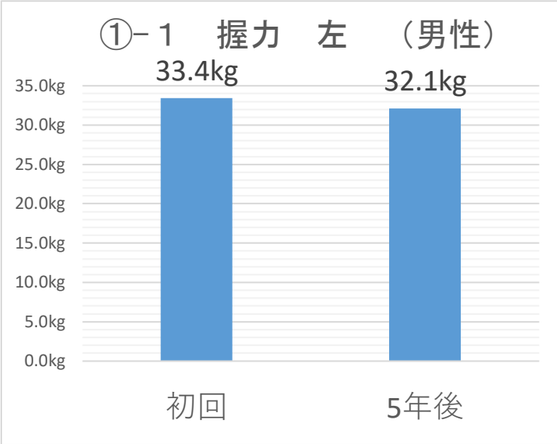
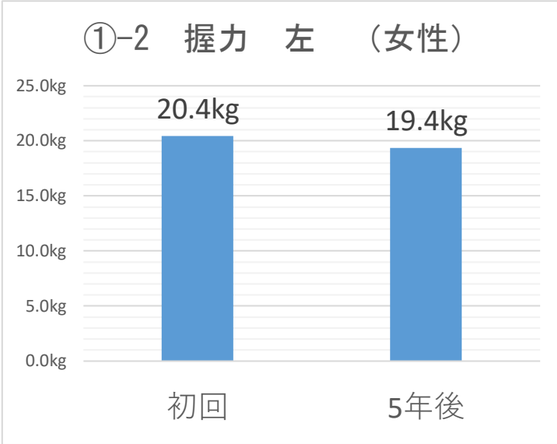
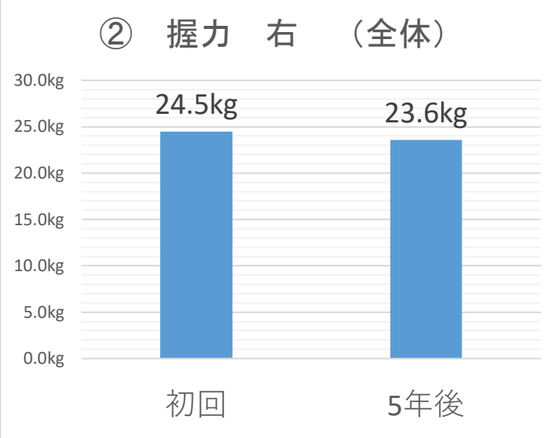
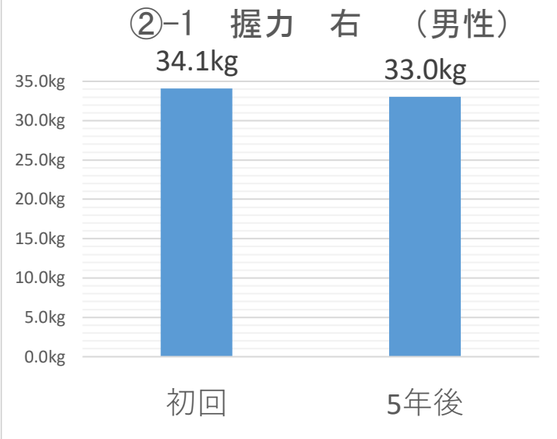
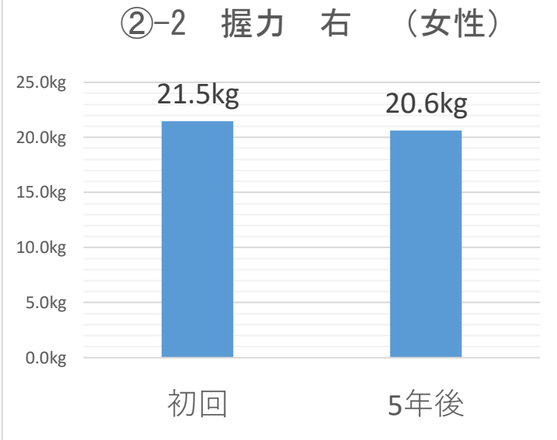
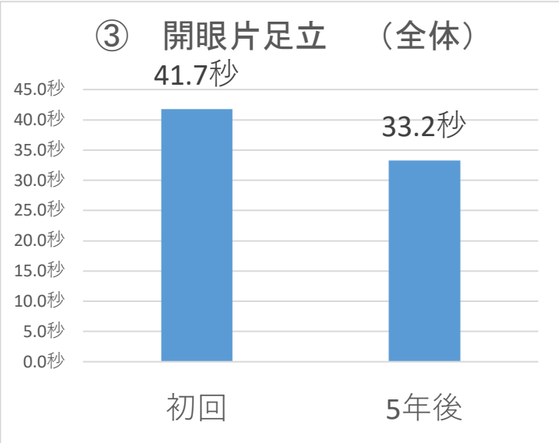
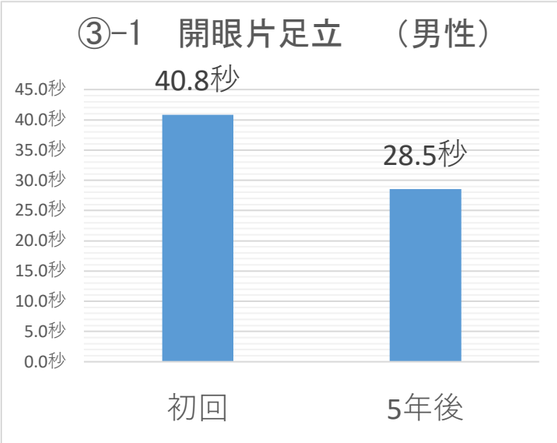
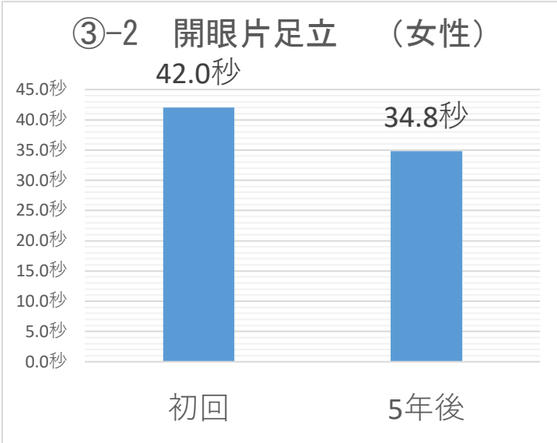
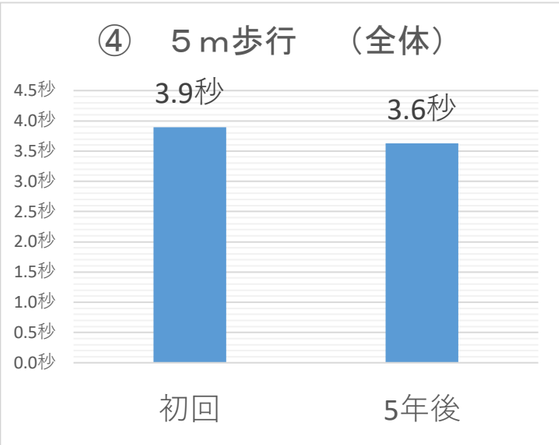
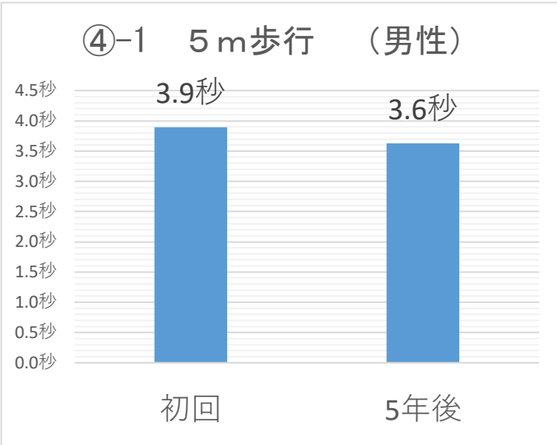
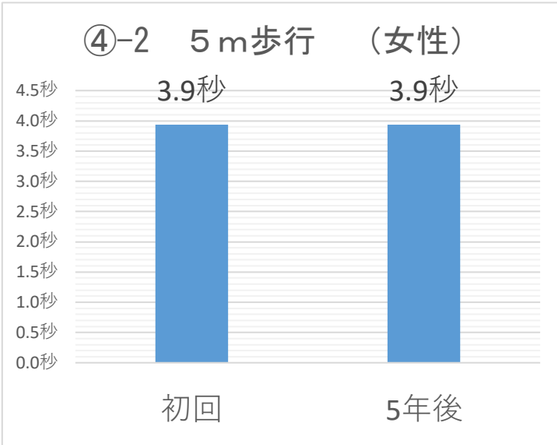
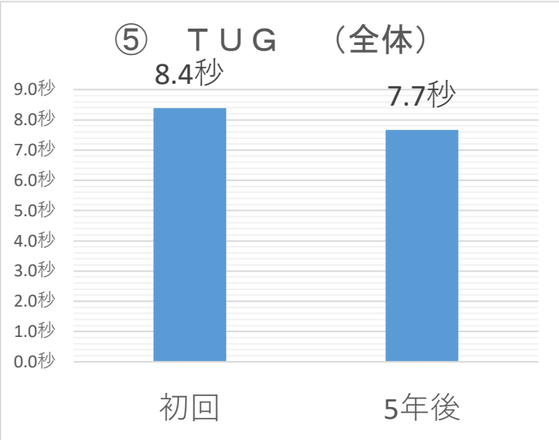
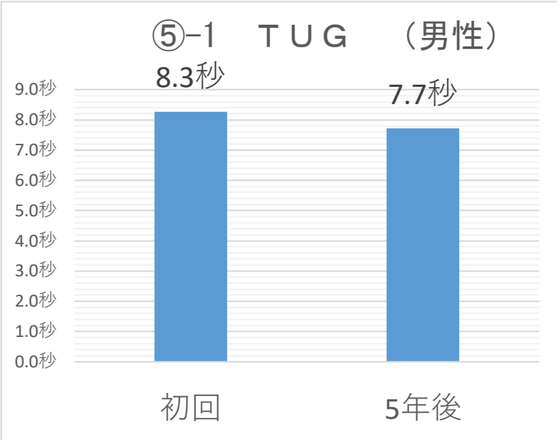
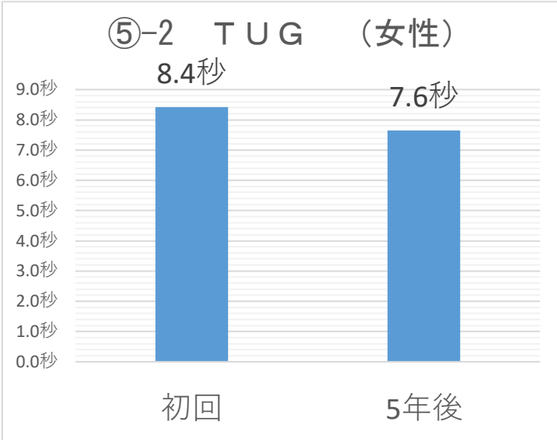
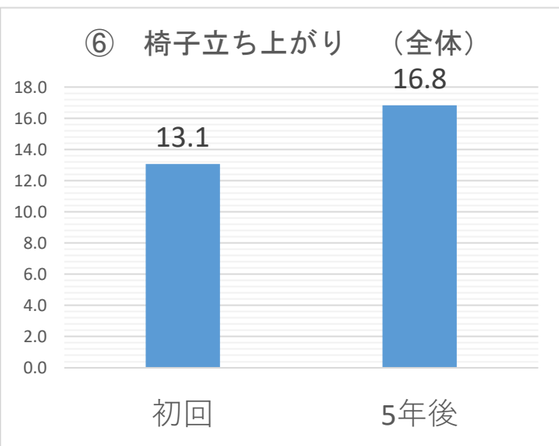
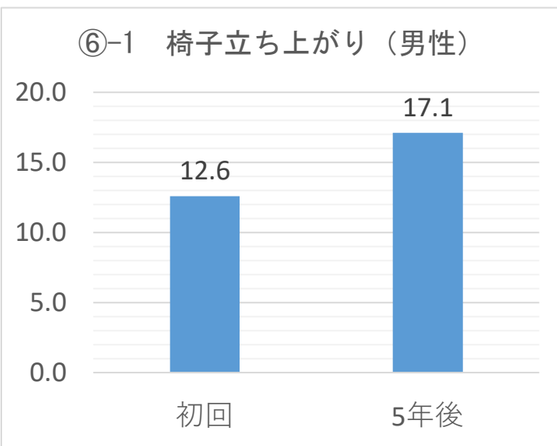
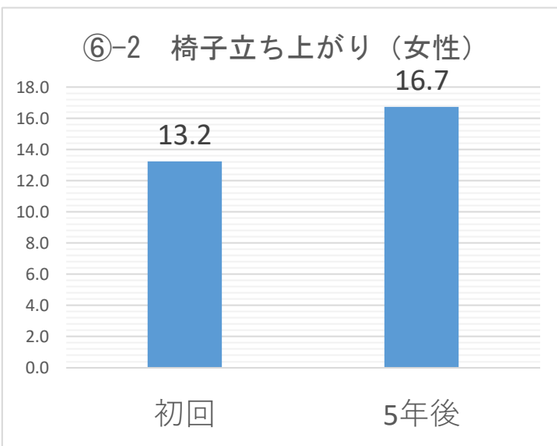
3. いきいき百歳体操　5年後体力測定結果

資料2

令和2年11月5日作成